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Unveiling Jataharini: A Cause of Reproductive Pathology

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ABSTRACT

Jataharini, as described in *Kashyapa Samhita*, is an Ayurvedic concept encompassing a spectrum of reproductive and perinatal disorders affecting women, pregnancies, neonates, and children up to 16 years of age. This conceptual study aims to systematically explore the origins, classification, pathophysiology, and clinical implications of *Jataharini* within the framework of Ayurvedic literature and correlate it with modern obstetric and gynecological disorders. The discussion integrates textual evidence from *Kashyapa Samhita*, analysing the mythological context of *Jataharini* as an affliction linked to *Revati Kalpadhyaya*. It further classifies *Jataharini* based on prognostic outcomes (*Sadhya, Yapya, Asadhya*) and etiological factors (*Daivi, Manushi, Tiryak*). Furthermore, the therapeutic approach to *Jataharini* is analysed through the lens of *Daiva Vyapashraya Chikitsa* (spiritual and ritualistic interventions) underscoring the integrative potential of Ayurvedic and modern medical practices in addressing reproductive health concerns.

By conceptualizing *Jataharini* in a contemporary clinical setting, this study provides insights into its diagnostic, preventive, and therapeutic significance, emphasizing the need for a multidisciplinary approach in managing pregnancy and neonatal complications through both traditional and evidence-based practices.

Keywords - Jataharini, Daiva Vyapashraya Chikitsa, Infertility, Pregnancy loss.

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