



HEB

Journal of Research in Indian Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled As Health-Education, Bureau)

JRIM

Review Article on Saphthopkrama and Its Clinical Applicabilty

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ABSTRACT

Acharya Sushruta has explained 7 major procedures (Saptopakrama) for vranashopha management which includes the management at its initial stage (amavastha) through the wound stage (vranavastha) till the management of the complications of the healed wound (Vaikritapaham). The first 3 procedure can be used for both amavastha and pachyamanavastha, the 4th for pakwavastha, 5th & 6th for the stage of wound and the 7th for the management of complications of healed wound.

KEYWORDS: Saptopakrama, Vrana, Vranashopha.

Access this Article Online	Quick Response Code: 
Website: http://heb-nic.in/jrim	
Received on 07/12/2021	
Accepted on 15/12/2021 © HEB All rights reserved	