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Management of external ear keloids using Custom-made Pressure

Appliance: A Case Report

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ABSTRACT:

Keloids of the ear lobe are common complications of ear piercing, burns or surgical interventions, although its exact etiology remains unknown. They are often itchy, painful, and uncomfortable to the patient. There are several treatment options; nevertheless, recurrence rates are high. Pressure therapy is an important part of keloid treatment. There are certain areas of the body which are prone to keloid formation but are not amenable to pressure therapy. The ear lobe is one such area. Pressure therapy has been widely used to help in the early maturation of scar tissue and to prevent the recurrence of keloid. The purpose of this therapy is to maintain constant pressure, and the duration of therapy is about twenty-five weeks. The main aim of this article is to explain the fabrication of custom-made pressure appliance therapy for auricular keloid.

Key Words: Ear keloids, Pressure therapy, Pressure clips, Custom made clips, ear lobe.

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