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**Reviving Resorbed Ridges:
 A Case Report on the Neutral Zone Technique**

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ABSTRACT

Aim: This case report refers to a 59-year-old male patient with severely resorbed residual alveolar ridges and its rehabilitation with a complete denture using the neutral zone technique.

Description: The neutral zone technique presents an alternative method for crafting lower complete dentures, particularly advantageous in cases of severely atrophic ridges and a background of denture instability.

Conclusion: Neutral zone approach focuses on designing dentures that conform to muscle dynamics and seamlessly integrate with the adjacent oral anatomy. While not a recent innovation, this technique remains a valuable and time-tested option.

Keywords: Neutral zone, resorbed ridges, complete denture

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