



HEB

JOPD

Journal of Prosthodontics Dentistry
An Official Publication of Bureau for Health & Education Status Upliftment
(Constitutionally Entitled As Health-Education, Bureau)

REVIEW ARTICLE

Occlusal Splints : An Innovative Treatment Modality in Temporomandibular Disorders

Dr. Ajit S. Jankar¹, Dr. Suresh S. Kamble², Dr. Suraj S. Sonawane³,
Dr. Sandeep Fere⁴, Dr. Shruti D. Botwe⁵

¹Head of the department, Department of Prosthodontics, Maharashtra institute of dental science and research, Latur, Maharashtra, India.

²Principal and Professor, Department of Prosthodontics, Maharashtra institute of dental science and research, Latur, Maharashtra, India

³Post graduate student, Department of Prosthodontics, Maharashtra institute of dental science and research, Latur, Maharashtra, India.

⁴Reader, Department of Prosthodontics, Maharashtra institute of dental science and research, Latur, Maharashtra, India.


⁵Post graduate student, Department of Prosthodontics, Maharashtra institute of dental science and research, Latur, Maharashtra, India.

Email Id: service.heb@gmail.com

Abstract:

Temporomandibular joint disorder is a disturbance resulting from overworked, uncoordinated muscle movement that is generated by deflective occlusal interferences to physiologic jaw motions and parafunctional habits. Occlusal splint therapy has been proved to reduce symptoms by altering the occlusal equilibrium, distributing forces associated with parafunctional activities and normalizing periodontal ligament proprioception.

Keywords: Occlusal splints, Parafunctional habits, Temporomandibular joint disorders.

Access this Article Online	Quick Response Code: 
Website: http://heb-nic.in/jopd	
Received on 09/06/2020	
Accepted on 07/07/2020 © HEB All rights reserved	