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Achieving Esthetic Realism with Digital Smile Designing Protocol – A Case Report

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ABSTRACT

Esthetics is an important dimension in dental practice and is related to individuals' preferences, culture, sociodemographic factors and perceived dental treatments. Dental esthetics always aims to make patient satisfied in terms of high self-esteem through the creation of beauty and attraction. Appropriate application of principles of smile designing for any restorative work can drastically improve the esthetics of the patients. This case report describes the treatment for the discoloured tooth with inappropriate dental proportions using digital smile designing (DSD) technique rather the conventional approach. Much Literature is available on conventional smile designing, but discussion on DSD is sparse. The treatment plan included DSD, diagnostic wax-up minimally invasive tooth preparation technique and fabrication of crowns and veneers. DSD is a promising treatment option for good esthetic outcomes.

KEY WORDS: Esthetics, Digital Smile Design, Mock-Up Technique, Ceramic, Veneer

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