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OVERDENTURE: A TREATMENT OPTION

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ABSTRACT

Introduction: This report describes a case of 58 year old male patient who presented with the chief complaint of difficulty in chewing and poor aesthetics due to missing teeth. After consideration of all the factors involved, it was advisable to resort to maxillary telescopic complete denture and a mandibular removable cast partial denture.

Discussion: Considering the age of the patient and also the cost involved, implant supported prosthesis was ruled out as a treatment option for the patient. A telescopic denture was chosen as a favorable treatment option since it overcomes many of the problems posed by conventional complete dentures like progressive bone loss, lower stability and retention, loss of periodontal proprioception and low masticatory efficiency. It also provides minimal tissue coverage and better distribution of forces. Evaluation of occlusion, esthetics, phonetics, and comfort after 24 hours, 1 week and 1 month of treatment showed that the patient was happy with the prosthesis and was able to speak and chew well.

Conclusion: Telescopic overdentures have better retention and stability as compared to traditional complete dentures. They improve the chewing efficiency, patient comfort and decrease the alveolar bone resorption.

Keywords: overdenture; telescopic denture; crown and sleeve coping; telescopic overlay denture

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