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Nutrition & Oral Health Related Quality of Life in Geriatric Patients A Review

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ABSTRACT

Nutrition is certainly the foundation of health. It is a well recognized fact that nutritional disorders such as metabolic syndrome¹ cause a systemic disease and much effort has been given for maintenance of good body weight.

The stomatognathic system is closely related to nutrition because it is the entrance to the digestive tract; therefore many studies have addressed the relationship between nutrition and oral status.

This article will try to focus upon the various Nutrition and oral health related parameters, its impact on Quality of Life and Overall future insights on Nutrition and geriatric patients.

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