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Occlusal Indicators: It's Not Always "RED and BLUE"

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Abstract

An understanding of the synergy of the teeth in static and dynamic occlusion forms the basis of good dentistry. Occlusal proportions in dentition are always being constantly changed with every procedure. Even the smallest high point measuring just a few microns can cause temporomandibular pain and on long terms temporomandibular disorders. The natural physiological recovery of occlusion possesses a challenge as ever for every dentist. Prosthetic dentistry encompasses not only examining the occlusion, but also accurate recording, repetition, and reproduction of the information. Many occlusion testing materials have been developed over the years. However, the clinical records and information transferred using articulating paper and other occlusion recording materials like articulating silk and T- Scan have been observed to be inaccurate and have problems related to muscle activity. Occlusion is key to everything and any changes may start a series of problems related to the stomatognathic system. Hence, there has been a need for continuous improvisation in the materials for recording occlusion contacts to overcome such problems. The purpose of the article is to share an overview of the various indicators and

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methods used to date to record occlusal contact marks.