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Lichen Planus and Homoeopathy

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ABSTRACT:

Lichen planus is an idiopathic, cell-mediated immunological condition characterized by papular eruptions and pruritus. Despite its complex etiology, homeopathy aims to restore immune balance through individualized therapeutic interventions. This review explores the underlying immunopathology of lichen planus and examines the principles guiding homeopathic treatment. By addressing immune dysfunction at a fundamental level, homeopathy offers a unique perspective in modulating disease expression and promoting long-term remission. The article also highlights key homeopathic remedies and their potential role in managing lichen planus, supporting a holistic approach to patient care.

Key words – Lichen Planus, Papular Eruptions, Wickham's striae, Rubrics

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