



**Comprehensive Advanced Specific Summarised Studies  
-For Homoeopathy Science (CASS Studies)  
An Official Publication of Bureau for Health & Education Status Upliftment  
(Constitutionally Entitled as Health-Education Bureau)**

## Homoeopathic Management of Congestive Cardiac Failure with Aortic Stenosis A Case Study

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### ABSTRACT:

On 6th March 2024, a 69-year-old female, Mrs J, came to the OP of Govt. Homoeopathic Medical College & Hospital Thiruvananthapuram, with complaints of difficulty in breathing, palpitation and tightness of chest. All complaints aggravated during movement, also associated with weakness and oedema of whole body especially of both legs. A day before she had an attack of sudden, severe chest pain which spread to left shoulder associated with profuse sweating and weakness. She had a history of similar attack of pain, one and half years back, took allopathic treatment and diagnosed as acute myocardial infarction. The echocardiogram report dated on 20 August 2023 had shown degenerative aortic valve disease, calcified aortic valve with severe Aortic stenosis. Pulse rate was reduced, around 45 per minute. This case was admitted and first given Apis mel 30 / 2d for 3 days, followed by Cal. carb 30, which relived her oedema and chest pain. She was discharged on 19/03/2024.

**Keywords:** Aortic Stenosis, Congestive Cardiac Failure, Myocardial Infarction

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