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## THE HEALING POWER OF FLOWERS: EXPLORING BACH FLOWER REMEDIES

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## **ABSTRACT:**

Allergic Bach remedies were identified by Dr Edward Bach, a physician and Homoeopath. Bach flower remedies consist of 38 remedies which are designed as a system of emotional healing. Remedies are dispensed in Homoeopathic dosages, are safe and do not appear to interfere with any other medication. Nurses may find the remedies a useful adjunct to their nursing care.<sup>1</sup>

KEYWORDS: Homoeopathic; Bach flower remedies

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