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An Evidence Based Case Report of Tonsillitis Treated with Homoeopathy

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ABSTRACT:

Tonsillitis which is an inflammation of the tonsils, a common disease and makes up approximately 1.3% of outpatient visits. It is predominantly the result of a viral or bacterial infection and, when uncomplicated, presents as a sore throat¹. Lac Caninum is a Homeopathic remedy that is sometimes used in the treatment of tonsillitis, particularly in cases where certain specific symptoms are present. Homeopaths believe that remedies like Lac Caninum are more effective when prescribed based on the unique characteristics of the patient's symptoms, rather than just the diagnosis itself. Lac-Caninum is related in its pathogenetic effects, and of course in its curative action, to a large number of remedies². This case examines the role of the Homoeopathic treatment in evaluating, diagnosing, and managing chronic tonsillitis.

KEY WORDS

Chronic Tonsillitis, Lac can, Homeopathy

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