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Acne Keloidalis Nuchae (AKN) and Its Treatment through Homoeopathy


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ABSTRACT:

Folliculitis, an inflammatory condition of the hair follicles, is commonly addressed through topical ointments, which often provide symptomatic relief without addressing underlying causes. This paper explores the holistic efficacy of homeopathy in managing folliculitis, with a focus on its psychosomatic links. Using the case of a 24-year-old male with Acne Keloidalis Nuchae (AKN), the study highlights how the homeopathic remedy Mezereum 200 was selected based on a detailed understanding of physical symptoms and emotional triggers. By addressing the emotional stress that likely contributed to the condition, the treatment facilitated natural healing without side effects. This case underlines the value of individualized, root-cause-oriented approaches in homeopathy compared to the palliative focus of topical treatments.

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