



**Comprehensive Advanced Specific Summarised Studies
-For Homoeopathy Science (CASS Studies)
An Official Publication of Bureau for Health & Education Status Upliftment
(Constitutionally Entitled as Health-Education, Bureau)**

Mental Symptoms as the Cornerstone of Individualization in Homoeopathic Case Taking

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Abstract

Individualization is the fundamental principle of homoeopathic practice. Among the various components of a homoeopathic case, mental symptoms occupy the highest rank as they represent the deepest disturbance of the vital force. Classical homoeopathy emphasizes that every disease is accompanied by changes in the mental and emotional sphere, which must be carefully elicited and evaluated during case taking. This article discusses the philosophical basis, classification, evaluation, and clinical importance of mental symptoms in homoeopathic case taking, with special reference to aphorisms of the *Organon of Medicine*. The role of mental symptoms in remedy selection and follow-up is highlighted to reaffirm their central place in successful homoeopathic prescribing.

Keywords: Mental symptoms, Individualization, Homoeopathic case taking, Organon of Medicine, Vital force

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Website: https://heb-nic.in/cass-hom/	
Received on 09/01/2026	
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