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Evidence-Based Management of Irritant Contact Dermatitis with Secondary Infection Using Pulsatilla Nigricans: A Single Case Report

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ABSTRACT: Contact dermatitis is an inflammatory cutaneous disorder triggered through exposure of irritant or sensitizing substances. Approximately 70-80% of contact dermatitis cases are due to Irritant contact dermatitis. A 24-year-old male presented with pruritic lesions affecting both great toes. After detailed case taking based on the Similimum, Pulsatilla Nigricans was prescribed in 200C potency. To evaluate the patient's improvement structured follow up criteria was used and marked improvement was noticed. There was no reoccurrence of complaints. Thus, the present case suggest that Individualised Homoeopathic Approach May contribute To the Management of Irritant contact dermatitis without adjunctive topical therapy.

Keywords: Irritant Contact dermatitis, Homoeopathy, Individualization, Pulsatilla Nigricans, Monarch,

Methodology used: Single case Interventional study.

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