

HEB



CASS

Comprehensive Advanced Specific Summarised Studies
-For Homoeopathy Science (CASS Studies)
An Official Publication of Bureau for Health & Education Status Upliftment
(Constitutionally Entitled as Health-Education, Bureau)

Pemphigus Vulgaris Treated with Homeopathy: Evidence from a Relapse-Free Case Report

Dr Aprajita Singla

BHMS, PGDDHM, PGDMRCH, MPH, Homeopathic Physician & Public Health Professional,
Panchkula Haryana

Email Id: serviceheb@gmail.com

Abstract

Introduction: Pemphigus vulgaris is a chronic autoimmune blistering disorder characterized by painful mucocutaneous lesions and significant morbidity. Conventional management typically involves long-term immunosuppressive therapy, which may be associated with adverse effects and risk of relapse. This case report explores the role of homeopathic treatment in the management of pemphigus vulgaris.

Case Summary: A 47-year-old male presented with blisters and erosions of the oral mucosa and skin involvement over three years. The diagnosis of pemphigus vulgaris was confirmed by clinical findings. The patient had previously received conventional therapy with partial relief. A homeopathic remedy, Arsenicum Album, was prescribed based on a clinical presentation of lesion and assessment of physical symptoms, mental state. Following initiation of homeopathic treatment, gradual improvement was observed, a reduction in new blister formation, and alleviation of associated symptoms. The case was finalized by giving a dose of Sulphur. Over a follow-up period of one year, the patient achieved complete remission with no new lesions. No adverse effects were reported, and the patient has remained relapse-free for 15 years. This case highlights the potential role of individualized homeopathic treatment in the management of pemphigus vulgaris, with sustained remission and absence of relapse.

Key Words - Autoimmune Blistering Disease, Case Report, Homeopathic treatment, Pemphigus Vulgaris, Relapse-Free Outcome

Access this Article Online

Website: <https://heb-nic.in/cass-hom/>

Received on 17/05/2026

Accepted on 19/08/2026 © HEB All rights reserved

Quick Response Code:

