



**Comprehensive Advanced Specific Summarised Studies
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**A case of Alcohol Dependence Syndrome well responded to
Angelica archangelica 6C.**

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ABSTRACT:

Background: Alcohol dependence syndrome (ADS) is a major health, social, and economic problems for both drinker and community. Alcohol is a major contributor to global disease and a leading cause of morbidity and mortality. Individualized homoeopathic medicines demonstrated usefulness in management of ADS, but the role of rare and specific remedies like *Quercus robur*, *Sterculia acuminata*, *Angelica archangelica* etc. has not yet studied systematically.

Case Summary: A 60-year-old male was brought by his wife and son to the psychiatry out-patient department (OPD) with complaints of increased craving for alcohol for the past 35 years, sleeplessness, violent anger and hurting tendency after intake of alcohol. He also presented abusive talk and talking to self. *Angelica archangelica* 6C was prescribed twice daily due to paucity of characteristic symptoms and altered liver function tests. The case responded very well with drastic improvement in sleep, mood, craving for alcohol, liver function tests and even skin symptoms. Total Bilirubin level of 3.3mg/dl and SGOT of 45U/L at baseline turned to 0.7mg/dl and SGOT as 24U/L respectively within a week after the homoeopathic medicine. Causal attribution to intervention is narrated as per MONARCH criteria.

Conclusion: There is a need for a controlled clinical trial with specific objectives to determine the effectiveness of *Angelica archangelica* in the management of Alcohol Dependence syndrome.

Key words: Alcohol Dependence Syndrome, *Angelica archangelica*, Homoeopathy, Psychiatry

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