



**Comprehensive Advanced Specific Summarised Studies
-For Homoeopathy Science (CASS Studies)
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**AN OBSERVATIONAL COMPARATIVE STUDY TO ASSESS THE EFFECTIVENESS
OF FERRUM METALICUM AND FERRUM PHOSPHORICUM
IN AUGMENTING HEMOGLOBIN PERCENTAGE IN ANEMIC PATIENTS.**

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ABSTRACT:

Background: Anaemia is a condition where the amount of red blood cells or the concentration of haemoglobin within them is below normal. The ability of the blood to carry oxygen to bodily tissues will be reduced if there are insufficient or defective red blood cells, or if there is not enough haemoglobin.

Objectives: To compare the effectiveness of ferrum metallicum and ferrum phosphoricum in augmenting the haemoglobin percentage in anaemic patients

Methods: An Observational prospective comparative Study which is conducted at Alva's Homoeopathic medical college and Hospital, Mangalore during the year 2022-2023. 30 patients were selected based on purposive sampling based on inclusion and exclusion criteria. Hb level of each anaemic patients was assessed before prescription and grading was done according to the assessment criterion. 15 cases of ferrum metallicum as first prescription was placed under group A. 15 cases of ferrum phosphoricum as first prescription was placed under group B. Follow ups were recorded after every 15 days and at the end of 3-month Hb level was recorded. To assess the grade of anaemia according to the National Cancer Institute classification was used.

Results: The final outcome of the study after treatment was, 100% of cases shown improvement. At the end of first 15 days, ferrum metallicum has shown more improvement than ferrum phosphoricum. But at the end of three months ferrum phosphoricum has shown more improvement

Conclusion: This study proved that ferrum metallicum and ferrum phosphoricum are effective in treating anaemia. Ferrum phosphoricum has shown little more effectiveness than the ferrum metallicum

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