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## Effectiveness of Homoeopathic Individualized Treatment in Psoriasis (chronic plaque psoriasis)- A Case Report

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### **ABSTRACT:**

Psoriasis is a chronic autoimmune disease which causes the rapid buildup of your skin cells and causes scaling on skin surfaces. It is along lasting, on-contagious autoimmune disease of skin. A condition in which skin cell build up and form scales itchy, dry patches, most commonly on knees elbow trunk, scalp and lower extremities. The clinical symptoms are inflammation and redness around the scales are common. Psoriatic scales are whitish silver and develop in thick, red patches, dry skin and sometimes bleed, itching, burning sensation around.

There are many treatments slow the growth of new skin cells and others relieves itching and dry skin likes moisturizer for dry skin, vitamin D based cream or ointments.

**METHOD** - A single chronic clinical case of psoriasis was treated with an individualized homeopathic treatment without aid of conservative treatment.

**RESULT** – The patient recovered remarkably with Homoeopathic therapy.

**INTERPRETATION** - Homeopathy has and hope in treating psoriasis where conservative treatment failed to give positive results.

**Keywords:** Psoriasis, homoeopathic therapy, autoimmune diseases.

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