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Types of Injury Patients Visiting Homoeopathic OPD's – An Observational Study

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ABSTRACT:

Background: An injury is defined as an organic biological lesion brought on by acute exposure to energy (mechanical, thermal, electrical, chemical, or radiant) in quantities greater than the body's physiologic tolerance threshold. **Aim and objectives:** To determine the type of injury patients visiting the homoeopathic outpatient departments and the efficacy of homoeopathic medicines. **Methodology:** This is an observational study conducted on 100 patients who visited the Outpatient Department of Sarada Krishna Homoeopathic Medical College and Hospital with acute injuries. The patients included for the study were between the age group of 1 to 80 years, both the sexes and were assessed using 11 – point Numeric Rating Scale (NRS). **Results:** In the 100 subjects, the most commonly encountered diagnosis was lumbar strain in 24 patients, the frequently mentioned ailment factor was due to fall in 56 patients, 96 patients belonged to acute local diseases of external origin and 91 cases belonged to the musculoskeletal system affection. All the 100 patients showed improvement after homoeopathic treatment based on acute totality with a statistical significance of p value < 0.05. **Conclusion:** This study depicts that patients visiting the homoeopathic outpatient departments with different types of acute injuries can be managed judiciously with homoeopathic medicine.

Keywords: Acute injuries, Homoeopathy, Types of injury

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