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Successful Homeopathic Treatment of a Papillomatous Lesion of the Tongue in a 27-Year-Old Female: A Case Report

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ABSTRACT:

Papillomatous lesions of the tongue are abnormal growths or tumors, characterized by papillomatous or wartlike structures on the surface of the tongue. These lesions can vary in size, shape, appearance and texture and may be present as single or multiple growths. Diagnosis involves clinical examination, blood investigations including viral markers (HPV), imaging studies and biopsy for confirmation. The common mode of treatment in medical practice is either surgical excision, antiviral medications, immunomodulatory therapies etc. Homoeopathic treatments are seen to be very effective in curing benign oral lesions. According to Homoeopathy, bumpy lesions, warts etc. categorised under local maladies signify those changes and ailments that appear on the external parts of the body which cannot arise, persist or even grow worse without some internal cause. **Case Summary:** This case demonstrates the effectiveness of homoeopathic treatment in managing papillomatous lesion of the tongue in a 27-year-old female. The present case report details the successful treatment of the lesion using homoeopathic medicine *Thuja occidentalis* given in different potencies leading to complete resolution of the lesion without any surgical intervention. Since she was a lactating mother, the family were reluctant to take allopathic medicines, and they were not willing for excisional biopsy also. As the complaints started during third term of pregnancy and the patient came for homoeopathic treatment during her post-natal period, it was a challenging case.

Key words: papillomatous lesion, viral markers, surgical excision, homoeopathy, *Thuja occidentalis*.

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