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An Elucidation to Help Meet the Needs of Elders via Comprehensive Geriatric Assessment

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ABSTRACT:

Geriatric or clinical gerontology is an emerging branch of medical science. It deals with the care of old age people. The study of physical and psychological changes which are incidental to old age is clinical gerontology. It is progressive and generalized impairment of body functions resulting in loss of adaptive responses to stress and increasing the risk of age-related diseases. Problems in elderly are multi-faceted and often a single problem may be the result of a complex chain of decompensation of body functions.

According to WHO, people more than 60 years are considered elderly, in developing countries and 65 years in developed countries. Implementation of a large-scale primary care CGA programme was associated with improved diagnosis and management of geriatric conditions. Physicians were also satisfied, suggesting good uptake and feasibility within usual care. Further high- quality studies are still needed but these results provide real-world support for proactively addressing geriatric health needs through structured screening models.

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