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**A STUDY TO ASSESS THE EFFICACY OF FOLLICULINUM 200
IN THE TREATMENT OF PREMENSTRUAL SYNDROME IN FEMALE PATIENTS
OF AGE GROUP 20-40 YEARS USING PREMENSTRUAL SYNDROME SCREENING TOOL**

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ABSTRACT:

Most women experience psychological and somatic symptoms one or two weeks preceding menstruation which are relieved once the menstruation is established. This group of symptoms is collectively known as Premenstrual syndrome (PMS). Premenstrual syndrome is one of the common discomforts experienced by women during their reproductive life. The majority of females seeking treatment for PMS are aged from mid-20s to late-30s¹. Most of the women in their reproductive life experiencing PMS go unrecognized when the severity is mild². Moderate to severe form of premenstrual syndrome not only incapacitates the women from her day-to-day activities but also produces a mental disturbance therefore decreasing the productivity in maintaining her social and familial well-being³.

Folliculinum used in homoeopathy is a sarcocodine derived from urine. Folliculinum which is otherwise known as oestrone is a natural hormone secreted by ovaries. Other hormones secreted by ovaries are oestradiol and oestrol⁴.

Folliculinum is the remedy clinically prescribed for premenstrual syndrome. It is a female remedy affecting the female hormone system⁵. Thus this study has been taken up to find out the effectiveness of Folliculinum 200 in the treatment of Pre-menstrual syndrome by using Pre-menstrual syndrome screening tool (PSST).

KEYWORDS: PMS; PMDD; Folliculinum 200; PSST

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