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Stuttering in an 8-Year-Old Male Child Treated with Homoeopathy: A Case Report

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ABSTRACT:

Stuttering, or childhood-onset fluency disorder, is a communication disorder characterized by disruptions in the forward flow of speech. While conventional treatments primarily involve speech therapy, homoeopathy offers an individualized approach by addressing the underlying emotional and constitutional triggers. This case report describes an 8-year-old male child presenting with severe tonic blocks and repetitions of first syllables, accompanied by physical concomitants such as facial grimacing. The patient's history revealed significant performance anxiety, a sensitive disposition, and specific behavioral outbursts. Based on the totality of symptoms and a constitutional approach, *Stramonium* was prescribed. Over a period of six months, significant improvement was observed in speech fluency, confidence, and associated behavioral symptoms. Assessment was performed using the Stuttering Severity Instrument (SSI-4) and clinical observation. This case reinforces the efficacy of individualized homoeopathic intervention in managing speech disorders in pediatric populations.

Keywords: Stuttering, Homoeopathy, Stramonium, Pediatric, Case Report, Individualization.

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