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## **Phases of Bipolar Disorder and Its Management by Homoeopathy**

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### **ABSTRACT:**

Bipolar disorder is a brain disorder it shows different phases with different symptoms in people like mood, energy, and ability to function. People with bipolar disorder experience intense emotional states in different time with that typically occur during distinct periods of days to weeks, called mood episodes or generally mood swings. These mood episodes are categorized as abnormally happy or irritable mood or depressive & sad mood. People with bipolar disorder generally have periods of neutral mood as well. Now days more no of population affected by this psychological disorder its very dangerous sometime because it's fatal in some cases. With the help of Homeopathic approach this disorder well manageable along with proper counseling of patients.

**Keywords:** Bipolar disorder, homeopathy, depression, mania, mood swing, irritation, psychological disorder, sadness.

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