

HEB



CASS

**Comprehensive Advanced Specific Summarised Studies
-For Homoeopathy Science (CASS Studies)
An Official Publication of Bureau for Health & Education Status Upliftment
(Constitutionally Entitled as Health-Education Bureau)**

Case Report Study of Seborrheic Dermatitis Treated with Homoeopathic Medicine: A Novel Approach

Dr. Laxmi Mali

Bharati Vidyapeeth Deemed University, Homoeopathic, Medical College, Pune, Maharashtra

Email Id: serviceheb@gmail.com

ABSTRACT:


Background: Seborrheic Dermatitis Chronic inflammatory skin disorder characterized by yellowish, oily, scaly patches on scalp, face, and torso with itching, redness, and burning sensations. Conventional Treatment such as Topical corticosteroids, Antifungal creams, Medicated shampoos, Phototherapy give symptomatic relief with frequent relapses and side effects (steroid induced skin thinning, antifungal resistance). Homoeopathy offers holistic treatment focusing on individualized symptoms, stimulating self-healing with a potential for long-term remission.

Case Presentation: A case report of a 32-year-old male patient diagnosed with Seborrheic Dermatitis after adverse effects of conventional therapies opted for homoeopathic treatment. The patient presented with symptoms of itching dry scaly eruptions on the scalp, hair margins of the forehead, temples and eyebrows. Homoeopathic medicine was prescribed based on individualized assessment considering the totality of symptoms, constitutional factors, and miasmatic background. The patient was followed up regularly, and changes in symptoms, clinical examinations were documented throughout the treatment period.

Discussion: The patient showed significant improvement in symptoms such as reduction in dry scaly eruptions itching and improvement in overall well-being after the initiation of homoeopathic treatment. The patient reported no adverse effects throughout the treatment period, highlighting the safety and tolerability of homoeopathic medicine in this context.

Conclusion: This case report concludes that homoeopathic medicine offers a safe and effective treatment for Seborrheic Dermatitis. Further research, including randomized controlled trials, is warranted to establish the efficacy of homoeopathy in the management of these conditions and to elucidate the underlying mechanisms of action. Nonetheless, this case underscores the importance of individualized and holistic approaches in the treatment of skin disorders, considering both physical and emotional aspects of the patient.

Keyword:- Homoeopathy, Seborrheic Dermatitis

Access this Article Online	Quick Response Code: 
Website: https://heb-nic.in/cass-hom/	
Received on 08/11/2024	
Accepted on 13/11/2024 © HEB All rights reserved	