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An Obstinate Case of Meibomian Cyst: Successfully treated with Homoeopathy
Dr Shweta Singh

MD (HOM.), PhD scholar
Senior Consultant, Orbit Clinics- Janak Puri, New Delhi


Email Id: serviceheb@gmail.com

ABSTRACT:

Introduction: Meibomian Cyst, one of the most common eyelid disorders, is an idiopathic granulomatous inflammation of the Zeis or Meibomian gland and presents as a smooth, painless swelling. A chronic meibomian cyst is known as chalazion, which is recurrent and cause considerable impact on the quality of life. This case report illustrates an improvement in chalazion treated exclusively with homoeopathic medicine without recurrence.

Case summary: A 36 year old male patient presented with nodular swelling on his bilateral upper eyelids. After thorough case taking, the similimum was selected on the basis of the totality of the symptoms i.e. *Staphysagria*, was given which led to a remarkable improvement. The swelling disappeared and the patient was free of symptoms with eight months of homoeopathic treatment. There was no relapse for the last two years. Individualised homoeopathic treatment showed promising results in the treatment of recurrent chalazion. It brought about considerable improvement in the patient's quality of life without causing any adverse effects.

Keywords: Chalazion, meibomian cyst, Homoeopathy, *staphysagria*.

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