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To Study the effect of Ferrum Phosphoricum 3x on Hb% In Iron Deficiency Anaemia females.

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ABSTRACT:

Background

Anaemia is global health problem and become more & more sever day by day especially iron deficiency anaemia (IDA). Iron supplements are given to the anaemic female for 3 months. After taking haematinics 1.5gm % increase is expected in one month. This study is intended to study the effect of Ferrum Phosphoricum 3x on Hb Gm% in Iron Deficiency Anaemia females. For that, 30 anaemic female patients were selected and given Ferrum Phosphoricum 3X, 2 tablets TDS for 3 months to observe the change in Hb%. The biochemic remedy Ferrum Phosphoricum has important role in management of Anaemia. Ferr. Phos. Increase Hb level and also break tendency of low serum levels without causing any side effects which are seen after taking iron and folic acid tablet preparations. These tablets are small and sweet so issue of noncompliance is less.

Material and method

In this research 30 iron deficiency anaemia female are selected whose Hb is between the range of 6 -10 Hb gm%. Ferrum Phosphoricum 3X, 2 pills TDS for 3 months is given. After 3 months CBC of all the patients is done.

Result

After giving Ferrum Phosphoricum 3X, 2 pills TDS for 3 months CBC was done and before & after treatment values are compared. It is observed that there is significant change in Hb.

Conclusion

After applying appropriate statistical test, and analysing the data, it can be concluded that Ferrum Phosphoricum 3X has effective role in the treatment of iron deficiency anaemia.

Key words: iron deficiency Anaemia, Ferrum Phosphoricum 3X.

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