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**Effectiveness of Homoeopathic Medicines in The Treatment &
Management of Gout**

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ABSTRACT:

Today's most of the people's are suffering from gout. Gout (podagra) is a common painful form of inflammatory arthritis. It is usually starts in the big toe but can effects other joints likes ankles, knees, elbows, shoulders and hip joints etc. Extra uric acid, sharp crystals deposited in big toe or other joints causing episode of swelling and pain called Gout attacks. The Homoeopathic medicines is effective and tolerated long term treatment for gout. It is usually occurs earlier life of men then womens after menopause. It is treatable conditions, and uric acid level can be decreased by Homoeopathic medicine and change lifestyle. Most of the peoples are sufferings from obesity, CHD, family history of gout, hypertension, kidney diseases and all these are the main causative factors. Homoeopathic medicines can give good results in treatment and management of gout.

Keywords: Gout, Homoeopathic Medicines and Management.

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