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## EFFICACY OF THE HOMEOPATHIC MEDICINES IN MANAGEMENT OF SPORT INJURIES – SPRAINS

**Dr. A.S. Sreeraj, Dr. V. Poojitha Raj, Dr. K. Nandini,**

1 Associate Professor, Department of Anatomy, Hamsa Homeopathy Medical College and Hospital and Research Centre

2 Intern, Hamsa Homeopathy Medical College and Hospital and Research Centre

3 Intern Hamsa Homeopathy Medical College and Hospital and Research Centre

**Email Id: serviceheb@gmail.com**


### **ABSTRACT:**

Defining what constitutes an injury is not as easy as it may seem at first glance, and there have been many different approaches to injury definition in the past

A consensus statement was issued in 2006 in the sport of football (soccer) stating that the broadest definition of injury would be any event occurring as a result of participation in sport (Fuller et al., 2006). Injury was then further classified into medical attention injuries; those that required assessment or treatment by a medical practitioner. A further sub-division was time loss injuries; those causing a player to miss one or more practices or games or sessions

Homeopathy as a system of healthcare treatment offers all individual and number of positive advantages over any other known form of treatment for the most illness. Homeopathic treatment is directed entirely at individual and his symptoms, mind and disease process. Homeopathic experimentation and proving has form inception of, this healthcare system relied entirely upon human environment. Homeopathy uses totality of Keynote symptoms in treating a case. Homeopathy is only system of healthcare that by uniqueness of its approach to health to withstood the test of time. Homeopathic medicines are available at very reasonable cost because they are not patented.

Homeopathic remedies are stored and treated properly. They do not lose their potency or change their chemical composition.

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