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Vocal Fold Nodule treated with Classical Homeopathy: a case report
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ABSTRACT:

Vocal cord nodules are benign growths on the vocal cords, particularly affecting individuals who rely on their voices for professional purposes. While these nodules can spontaneously resolve on their own in some cases, their prevalence and potential complications necessitate intervention. Commonly used voice therapy poses several challenges due to varying factors such as nodule size and patient compliance, highlighting the need for effective management strategies in cases where spontaneous resolution is not achieved. In such cases, classical homeopathy may serve as an alternative. This case report is of a 40-year-old female lecturer who suffered from a vocal cord nodule due to voice overuse and was suggested for surgery. The homeopathic practitioner conducted a thorough case evaluation and prescribed homeopathic remedies based on the principles of classical homeopathy. After a few months of treatment, the vocal cord nodule disappeared, and the patient reported an overall enhancement in her quality of life. This case highlights the potential of classical homeopathy as a safe alternative over invasive treatment in cases of functional voice disorders. However, further research is needed to establish the relevance of classical homeopathy in treating this condition.

KEYWORDS: Vocal fold nodule, vocal cord nodule, singer's nodule, functional voice disorders, benign vocal fold lesions, Homeopathy, Case report

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