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HOMOEOPATHIC TREATMENT OF POLYCYSTIC OVARIAN SYNDROME: A CASE REPORT

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ABSTRACT:

This is a case of polycystic ovarian syndrome (PCOS) in a 23 year old female patient. There was ovaries show multiple peripherally arranged small follicles with central echogenic ovarian stroma. Case summary: This case was treated with individualized homoeopathic medicine for a period of 12 months at the outpatient department (OPD) of Swasthya Kalyan Homoeopathic Medical College and Research Centre, Jaipur. Homoeopathic medicine Natrum muraticum, was given to the patient on the basis of individualistic approach. The patient not only improved in her presenting complaints but also there was change in her lifestyle. Post treatment outcome corroborated with follow up and Ultrasonography (USG) that showed significant changes. USG revealed no obvious abnormality after homoeopathic treatment with improvement in symptoms also. This case report suggests that a correctly chosen homoeopathic medicine can be beneficial even in complicated and unusual cases.

Keywords: Polycystic ovarian syndrome (PCOS), Homoeopathy, Individualisation, Natrum muraticum

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