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Efficacy of Homeopathy in the Treatment & Management of Attention Deficit Hyperactive Disorder (ADHD)

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ADHD is real and valid. The sooner we recognize the patterns and learn to work with these kids, the better assured we will be that they as adults with being healthy members of society.

-Rhonda Van Diest

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ADHD or Attention Deficit Hyperactive Disorder is one of the most common childhood disorders and often continues into adulthood, most of today's children are suggested to symbolize the three classical signs of ADHD i.e. hyperactivity, impulsiveness and distractible temperament. It is a neurodevelopment and psychiatric illness with a variety of behavioral disorder in children & Homeopathy is clinically useful for all types of emotional and psychological problems, including ADHD. It is mind-body medicine that analyses and treats subtle variations at one's emotional, mental, social, spiritual levels and also behavior, which directly affect health. It helps to restore children to their natural state of emotional health and overall well-being, without side-effects. There is currently lot's of research evidences from the past few years for the efficacy of homeopathy in the treatment of ADHD & Some effective remedies are listed below. Homoeopathy believes in individualized treatment, where healing is targeted at the entire child, not just at a specific disorder, or illness but A word of caution though never self-medicate using Homoeopathic & any other medicines, ADHD is a complex condition and should be assessed completely before initiating the treatment.

Keywords: Attention-deficit hyperactivity disorder (ADHD), Homoeopathic Treatment, ADHD Management.

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