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Hand Foot Mouth Disease & Its Homoeopathic Management

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ABSTRACT

Hand Foot Mouth Disease (HFMD) is a common viral infection caused by coxsackie virus. It affects children below 5 years of age. HFMD is a self-limiting condition but the suffering sometimes deteriorate the general condition of the child so much that it will take around 10 days or more to get recovered from the illness. Conventional system of medicine has limited scope in treating viral conditions like HFMD. Antibiotics abuse is frequently observed in treatment of HFMD which in turn degrade the vitality of the patient. Homoeopathy can play an important role in treating HFMD and also helps in limiting the sufferings.

This short literary review focuses on the symptomatology of Hand Foot Mouth Disease and its homoeopathic management. A therapeutic compendium is also prepared considering the main symptoms of HFMD which can help in selecting similimum in such acute infectious disease.

KEYWORDS: HFMD, Viral infection, Homoeopathy, Antibiotic abuse

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