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Case of Endometrial Polyp with Ovarian Cyst Treated With Individualized Homoeopathic Medicine: A Case Report

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Abstract:

Endometrial polyps are benign overgrowths of the endometrial lining that may cause abnormal uterine bleeding. These conditions were commonly managed by surgical removal depending upon their size.

A 45 years old woman presented with complaints of irregular menses with heavy menstrual bleeding, abdominal pain and body ache. Imaging revealed a large endometrial polyp with ovarian cyst. Based on presenting symptoms, the patient was treated with individualized homoeopathic treatment based on the totality of symptoms.

Following homoeopathic intervention, a patient diagnosed with an endometrial polyp and ovarian cyst demonstrated complete resolution of both lesions over an approximate period of eight months. This was accompanied by marked improvement in symptomatic presentation and overall general well-being, suggesting a positive therapeutic response to the chosen modality.

Keywords: *endometrial polyp, homoeopathy, abnormal uterine bleeding, constitutional medicine*

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